

Key Dates

- Monday April 19
Term 2 Commences
- Wednesday April 21
Parent / Student /
Teacher Conferences
- May 17 - 21 Year 10
Work Experience
- August 9 - 13
'The Addams Family'
Musical Production

Principal's Report

Term 1, 2021

It has been a smooth and positive start to the school year with so many students progressing well across all areas of study. As a Principal class team, we have been walking around visiting quite a few classes over the last month and have found students and staff to be very positive in their approach to tasks being tackled.

This type of attitude certainly underpins success. Congratulations to all involved, your efforts and commitment to high achievement is being recognised and supports our strong culture targeted at **SUCCESS** and a platform based on embedding our **AIM ASPIRE ACHIEVE** mantra of learning.

CSC wins prestigious state award - Victorian School Sports Awards



Colac Secondary College was selected as the winner of the **Outstanding School and Community Partnership Award** for the **CSC Sporting Pathways Program** at the **Victorian School Sports Awards** held at the **MCG** last Friday 26th April 2021.



These awards recognise outstanding sporting endeavour by government school students, teachers and schools and encompass all government schools in the state of Victoria.

It was an absolute privilege to represent our school last week at the School Sports Victoria awards ceremony.

Colac Secondary College received the prestigious award for the most **Outstanding School and Community Partnership**, where the partnerships formed with local Primary Schools and Community Groups through our **Sporting Pathway Program** were recognised.

This prominent state award was in recognition of the incredible impact that

the Sporting Pathways Program has had on improving sporting achievement while at the same time supporting community participation through partnership schools over the last three years.

The **Sporting Pathway Program** is open to all students who want to develop their athletic qualities and leadership skills. We have a strong partnership with the **Regional Institute of Sport** who deliver the program, who have more than 20 years' experience working with teenage athletes, some of whom have gone onto play sport at the elite level and represent Australia around the world.

Congratulations and high level recognition must go to Mr. David Treweek for the development and ongoing facilitation of this incredible program. What an outstanding leadership developmental program on offer to all our students Amazing!!

2022 Year 7 Enrolments

Year 7 enrolments for next year will start to be processed in mid-May by the Primary Schools, so to assist us with planning for the 2022 school year families with siblings already attending our school are asked to make sure they have all the relevant paperwork on hand.

If you require any assistance or have any questions about this process, please don't hesitate to call in at the General office or give us a call on 5231 9800 for an enrolment pack or any further information that may help you. We look forward to your child becoming a part of the CSC family in 2022.

Colac Secondary College acknowledges the Traditional Owners of Gulidjan Country, where we learn and teach.

The school pays respect to their Elders - past, present and emerging.

Principal's Report

2020 Maths Olympiad team

The acknowledgement awards for the 2020 Maths Olympiad competition have just arrived at the College and recognise the incredible endeavour and achievements of a number of our students in this high level maths program.

2020 was a year of considerable barriers and difficulties, so the achievements and resilience of this group of students to participate in this program during remote learning periods was outstanding.

A big Congratulations to our 2020 Maths Olympiad team who not only stretched their mathematical skills but also mastered some problem solving at a National level, throughout the Remote Learning period.

Sensational stuff!!

Congratulations to the team of eleven students who participated in the five separate challenges throughout the year; each student was recognised with a Certificate of Achievement, while some group members also gain medallion status for their work during the program.

Congratulations go to:

Jade Witcombe	Darcy Murnane	Dean Gavens	Ricky Taylor
Tess Russell	Arbella McDonald	Connie Ford	Indigo Dewar



And our top 3 medallion status achievers include:

Nate Hitchings	Malakai Montgomery	Ella Harwood.
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Thanks to all these incredible students for an outstanding level of resilience and achievement through a very difficult period of time in education.

Well done and good luck to the upcoming 2021 Maths Olympiad Team ... enjoy the experience and high level learning involved in this amazing program of maths extension.

End of Term 1 – Autumn Easter vacation

The term has very quickly come to a close, with our last day today; Friday 1st April . I wish everyone a happy and safe school break; time to relax and reenergise. Enjoy!!

To our **Class of 2021**, please make sure you make the most of the break and refer to your study planner to gain the maximum effect of rest ... study ... and relaxation. It is a good time to reflect, reset and plan for a strong term 2 of learning.

See you all revitalized and ready to go in term 2 **Remember the first day of term 2 ... is Monday 19th April 2021.**

Scott Dellar
Executive Principal



SRC Leadership Team:

2021 Student Representatives were presented with their badges at the whole school assembly yesterday.

Year 7 Welcome / Information Evening

On March 17, Year 7 parents and guardians had the opportunity to meet key staff members. Families were provided with information on the iPad program, Compass Portal, English Curriculum and Maths Pathways.



Parent / Teacher / Student Conferences - Wednesday April 21, 4.00 - 7.00pm

To book a Conference please:

- ◆ Log in to your **PARENT Compass Portal** and click the link shown below
- ◆ Bookings are now open and will close at **6.00pm Tuesday April 20**
- ◆ Conferences will be held in the **Performing Arts Theatre**

Home Search User Parents Names

Welcome to the Colac Secondary College Portal

Use the links listed for each of your children to explore the portal. Please keep your mobile phone number and email address up to date (Tools > Update My Details). The school will use this to contact you regarding attendance, events, news and more.

Compass

My News

Parent Student Teacher Conference
Parent Student Teacher Conferences Years 7-9 Years
Click here for booking

CLICK HERE

Open Night

Thankyou to our wonderful Colac Community for attending our Open Night on Monday March 29.

The attendance on the night exceeded our expectations and we hope everyone enjoyed the many College experiences on offer. We certainly hope you gained a feel for the far reaching opportunities available to students at CSC, as they journey through the learning continuum of secondary schooling.

If you were unable to attend we will be offering guided tours in Term 2. To book an appointment all you need to do is phone the school on 5231 9800.

Don't forget to also head over to our website to view our 3D Virtual Tour - <https://www.colac-sc.vic.edu.au/virtual-tour>



Year 9 CCC Great Ocean Hike

As part of CCC Year 9 students participated in a hike from Cape Otway to Castle Cove, with an overnight camp at Aire River. This activity completed the unit of work focussed on 'Personal Challenge'.



Year 9 Food Skills - Pancake Art



Pancake Art is more challenging than it looks. It is all about heat control.

Primary School Athletics

In partnership with our local primary schools, CSC students have been helping with the annual athletic carnivals held this term.



VCAL / Year 7

VCAL students have been supporting year 7 students during joint sessions.



Year 10 Family Studies

Students learning about childbirth in a fun way!



ANZAC: Aboriginal and Torres Strait Islander Soldiers

Over 1000 Aboriginal and Torres Strait Islanders fought for Australia in World War I, alongside their non-Aboriginal compatriots, despite the profound barriers to enlisting at that time. In proportion to population, no community in Australia contributed more to the war effort in the Second World War than the Torres Strait Islanders. By 1944 almost every able-bodied male Torres Strait Islander had enlisted. However, they never received the same rates of pay or conditions as white soldiers, initially one-third that of regular soldiers, and after a two-day "mutiny" in December 1943 this was raised to two-thirds. They did not receive compensation in full until the 1980s. After the end of both World Wars, Aboriginal and Torres Strait Islander soldiers were not offered the same social support as white soldiers – Aboriginal and Torres Strait Islander servicemen were denied access to parcels of land through soldier resettlement schemes, as well as access to other social and community services for soldiers – including the RSL clubs – simply because of the colour of their skin.

When we celebrate ANZAC Day today, we celebrate the contributions of Aboriginal and Torres Strait Islander servicemen and women, and recognise the sacrifices their communities have made for this country in wartime.

Gunditjmara man, Captain Reginald Saunders, was the first Aboriginal person to be made an officer in the Australian Army and was also awarded an MBE in 1971 for services to the Aboriginal and Torres Strait Islander communities. Find out more about Reg Saunders at: <https://anzacportal.dva.gov.au/biographies/reginald-walter-saunders> (warning: images of people now deceased) and more about Aboriginal and Torres Strait Islander involvement in Australia's military past at: <http://ourmobserved.anu.edu.au>.

Year 8 French

Students in Year 8 have been completing research projects and word searches.





WELLBEING

The School Holidays are here and we hope you all have a wonderful break!

Things to do in the holidays that students may not have had time to do.....

- Go through your contacts and remove any people that you DONOTKNOW
- Only accept 'friend requests' from people that you know
- Check your privacy settings
- Choose strong passwords and never share these with friends
- Keep personal information online to a minimum, remove/delete any old information that may still be present on your socials

'Teens Oversharing your Digital Footprint'

Below is a link to Smart Strategies for keeping students safe online 2021.

- <https://youtue/ottnH427Fr8>
- Catch up on sleep
- Complete any outstanding school work
- Have fun with family/friends
- Exercise and stay active



'Sports Vouchers Available'

The Get Active Kids Voucher Program helps eligible families to get their kids involved in organized sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment.

Eligible children may be able to receive up to \$200 each

The wellbeing team are more than happy to assist your application. Contact us via email welfare@colac-scvic.edu.au or phone: 52319800



www.getactive.vic.gov.au/vouchers/



If your young person needs support over the School Holidays please contact the following services:

- **Colac Youth Health Hub** - 15-17 Hart St, Colac Ph: **5232 5520**
- **Kidshelpline** - (free telephone support for young people) **1800 551 800**
- **Headspace** - (free mental health support):
- **eHeadspace** - (phone or online chat) **1800 650 890**
- **Parentline** (free telephone support for parents) **13 22 89**

HOW TO SUPPORT YOUR CHILD'S MENTAL HEALTH

@BELIEVEPHQ www.BelievePerform.com



- LOVE**
Be there for your child and show care and love
- EXERCISE**
Encourage play, exercise and sport
- BEHAVIOUR**
Keep an eye out for any changes in behaviour
- SUPPORT**
Regularly support, encourage and praise your child
- REST TIME**
Help your child to manage stress by building in some rest time
- BE PROUD**
Tell your child that you are proud of them
- PATIENCE**
Be patient. Don't pressure your child
- HELP**
Don't be afraid to seek help from professionals
- FEELING**
Get to know how your child is feeling
- EDUCATE**
Educate yourself about mental health problems
- PROBLEM SOLVING**
Help your child to effectively problem solve
- LISTEN**
Make sure you take time to listen to what your child has to say
- COPING**
Help your child to learn some simple coping skills such as relaxation
- SYMPTOMS**
Be aware of signs and symptoms
- CONVERSATION**
Encourage your child to engage in conversation
- ENVIRONMENT**
Provide a positive environment for your child where they can thrive

Careers Corner

With Frank Park, Careers Education

Career Development

Here are a few pointers to assist parents/carers to help students explore career options.

A few lucky people know from an early age what they want to spend their life doing. The rest of us fit somewhere between having some idea and no idea about it.

Young people can be unclear about their direction in life. It's often not until their early twenties that they gain a good sense of who they are.

Finding out who you are and what you want to do is a process that depends on many factors.



1. Stay calm and open-minded

Remember, it's your child's life and they are your child's choices to make, not yours. Many parents believe that they must insist on certain directions for their child. There is a difference between guidance and bossiness. Children appreciate guidance (where you explore and talk respectfully). They usually don't appreciate control (where you focus on what you want).

2. Be a positive influence

Talk about your career. Tell your child how you arrived where you are today. Perhaps as you talk you could draw your 'path'. Highlight events and experiences that influenced your goals and how you did or didn't realise them. Focus on your hopes and dreams, how you managed change, what external factors affected your decisions. Talk about how comfortable you felt at various stages, as well as how you feel now. Share any plans and goals you might have and how you see your future panning out.

3. Encourage your child to talk to other adults about their careers

Hearing about careers from adults, young and old, will help your child think about their place in society at different life stages. They could talk to their grandparents, aunts, uncles, their friends' parents or other family, friends or people they know.

4. Watch movies and television together

Most characters in movies, television dramas, and novels have, will have, or did have some kind of work. Discuss the characters and what they do. Think about how satisfying their lives are and how work contributes to their happiness.

5. Talk about the people you know or those you meet in your day-to-day activities

Ask questions like, 'Do you think Sally likes being a nurse?' or 'Do you think the dentist is good at her job?' You can discuss the benefits or challenges of certain jobs, and consider why people work.

6. Do things together

Baking a cake, planting a veggie garden, making a website – whatever the activity, do it together. Compliment your child on their skills. Keep it simple: 'You're very organised when you cook, I see: turning on the oven, preparing the tin, assembling all the ingredients before you start'. Wait for a response. In time, you can discuss these skills further and link them to the workforce. For example, you could say 'Plumbers need to be organised, otherwise they miss out on making money because they're too slow and people don't use them again'. These chats highlight the importance of recognising one's own skills and how such skills are valued in the workplace.

7. Ask your child what would they choose if they could be or do anything in the whole world

Your job here is to listen and remember. You can revisit the responses when a career-related discussion arises or a decision needs to be made. 'Would you consider drama as an elective? You said once you wanted to be a famous actor.' Your child may then open up about the benefits of drama. On the other hand, they may look at you with disdain and offer a correction. In any event, there is an invitation to continue talking about their current dreams and aspirations. People are usually happier and more satisfied if they can turn their dreams into reality. You can help your child by showing how that works in practice.

8. Make it easy for your child to participate in work experience programs

This may include formal work experience or other school-organised fieldwork that has a focus on the workforce. Knowing what does not appeal is just as important as knowing what does. Wide experience can open eyes and change views.

9. Encourage your child to participate in activities at school or in the community

Your child could help out at a sports club, or get involved in the school production. They could do 'special' jobs around the house such as painting or serious spring cleaning. Such activities count as work. They develop work skills, which are valuable to learn and practice. Your child will learn that work can be routine, fun and dull on occasions. They will feel prepared for thinking about and making career decisions.

10. If your child is ready, encourage them to seek a part-time job

Encourage them to speak with the school Careers person, who can assist them to write/modify their resume, and it's important for you to be there when they deliver their resumes in person. Support your child if they don't get the job. When they do, there are forms to fill out, tax file numbers to obtain, bank accounts to set up and superannuation choices to make. Knowing how to do these things is important and can change a person's view of themselves. Once at work there will be highs and lows, perhaps shift work, conflict, and customer issues to deal with. Again, these experiences can and do influence career decisions.

Casual Jobs Available

Target Colac is changing to KHub Colac

Positions are currently available for casual Customer Service Assistants

Applications for these positions can be made online at:

www.target.com.au/company/careers

If you require further information please contact Target Colac on 5233 9300

DOCTORS IN SECONDARY SCHOOLS PROGRAM

Do you need your child to be seen by a doctor?

BUT

You are time poor.

REMEMBER

Your child has access to Dr Zoe Barren onsite at Colac Secondary College, Thursday every week.

Parents can also attend appointments with their child.

APPOINTMENTS CAN BE MADE VIA:

Email Address: medicalclinic@colac-sc-vic.edu.au

Phone: The College Wellbeing Team for appointments on 5231 9800

Drop in – for students

Between breaks

11.00am – 11.15am

12.15pm -1.00pm

2.00pm - 2.15pm

If you would like any further information, please contact our Nurse - Sandy Darwin through Colac Secondary College 5231 9800

A poster for 'The Addams Family' musical. On the left is a circular illustration of the Addams family in a gold frame. The text on the right reads: 'Colac Secondary College Presents The Addams Family August 9th - 13th SAVE THE DATE'. The title 'The Addams Family' is in a stylized yellow font, and 'A NEW MUSICAL COMEDY' is written in smaller text below it.

Colac Secondary College
Presents
'The Addams Family'
August 9th - 13th
SAVE THE DATE

